

SOUP & SALADS

soup of the day
cup 3 bowl 6

mixed green salad with pita 6
with tuna salad +2
with hummus +2

avocado salad with mixed greens,
pepper turkey & asiago cheese 9

homemade potato salad 4

QUICHE

quiche of the day with salad 7.50

homemade mac & cheese 7
with sopressatta +2
with side salad +2

PLATES

antipasto plate 8

hummus plate 8

artichoke dip 8

PITA MELT

“three cheese”
baked pita with pesto sauce, mild pecorino,
fresh mozzarella, & asiago cheese 6
with pepperoni +2

“the works”

baked pita with pesto sauce, three cheeses, tomato,
roasted red peppers, red onion & baby artichokes 7.50
+sopressatta +2

SANDWICHES

served with chips or salad (homemade potato salad +1)

italian—proscuitto, sopressatta, soft pecorino,
roasted red peppers, baby artichokes & balsamic 10

hot breaded eggplant—with fresh mozzarella,
tomatoes & pesto 10

pepper turkey—with brie, green apple & honey mustard
on whole wheat baguette 10

homemade meatloaf with mixed greens, tomato,
red onion & horseradish mayo on sesame roll 10

tuna salad on pita with tomato,
red onion & mixed greens 10

roast beef—with melted swiss, mixed greens,
tomato & horseradish mayo 10

pork—with melted swiss, avocado,
jalapeno relish, dijon on seeded roll 10

SALT—spec, avocado, lettuce,
tomato with chipotle mayo 10



SNACKS

bag of chips 1.50
(pesto parmesan, mesquite bbq, sour cream & onion
salt & vinegar, cracked pepper & sea salt, plain)

shot o' nuts 1

BEVERAGES

soda
pepsi, diet pepsi, 7up, ginger ale, club soda, tonic 2
poland spring bottled water 1.50
pellegrino 2

juice
apple, cranberry, pineapple, lemonade, grapefruit, tomato 2

coffee
proudly serving Intelligentsia Coffee
House Blend

sm 2 lg 2.50
bottomless cup 3.25
iced coffee 2.50
iced tea 2

black tea 1.50
earl grey, green tea, white fusion green tea,
orange spice, chai spice, english breakfast

herbal tea 1.50
chamomile, peppermint, lemon ginger, earl grey decaf

BRUNCH

served with a choice of coffee, tea or small beverage
11am to 3:30pm
\$11.50

eggs any style, side of spec, challah toast and mixed greens salad

egg sandwich with gruyere
choice of spec or black forrest ham
on croissant with mixed green salad

omelet of the day

lox with cream cheese, tomato, red onion & capers
on ciabatta bread with mixed greens salad

pancakes with fresh fruit

challah french toast with fresh fruit

quiche of the day

yogurt with granola & fresh fruit

homemade mac & cheese

hummus plate

Cocktails

bloody mary 8

mimosa 9

sangria 8